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Yale Nurse

Yale School of Nursing Newsletter

April 1997



The official signing of the partnership agreement between the New Haven Public Schools and Yale University promoting education and the development of human potential. (L to R) Linda Lorimer, Secretary, Yale University; Charles Williams, Principal, Career High School; Reginald Mayo, Superintendent of Schools, New Haven; Gerard Burrow, Dean, Medical School; and Judith Krauss, Dean, School of Nursing.

**New Haven Schools and Yale Partner for Educational Enrichment
The Community Health Care Van Project by Maripat Lamberti '94**

YSN Profile: Lake Worth Resident Volunteers in Poland

Nursing as Poetry: Elizabeth Conway '98

Have Bones, Will Travel by Linda Pellico '89

Yale Nurse

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April 1997

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From the DEAN



This issue of *Yale Nurse* is, as always, full of news, but perhaps none as compelling as the announcement of the Search for a new Dean. Such searches are nearly always times of great anticipation and anxiety all rolled into one. I hope to utilize this column to encourage as much of the former and as little of the latter as possible!

My decision to step out of the deanship, effective June 30, 1998, was in large part prompted by my great optimism about the future of YSN. This optimism springs from my knowledge that the University has never been more enthusiastic and supportive of the School and that our place at Yale is secure -- witness our new facility, stable finances, new

programs, and recognition as a key contributor to Yale's commitment to the community. I am equally optimistic that YSN is positioned to chart the course for nursing through the seas of managed care and health care reform into the next century and to join in meaningful collaborative relationships with our Yale colleagues in medicine and public health to shape the health care system of the future. Finally, I am optimistic that our colleagues in nursing view Yale as an exciting leadership school, with bright students and nationally renowned faculty, a place where practice, teaching, and research are fully integrated and, thus, a place where cutting edge innovations in nursing are born.

My decision to step out of the deanship has a more personal side as well. I turn 50 in April. This means that I have a long career in nursing still ahead of me and I am eager to turn my attention more fully back to my own field -- psychiatric mental health nursing -- and to become a more active participant in shaping the changes in mental health services delivery. I will use an extended leave of absence to pursue these challenges. I am eager to find new and different ways to serve YSN and nursing and YSN is poised for an exciting entry into the 21st Century at a time which is ripe for new leadership. So, it seems it is a good time for a new Dean at YSN!

Lest this column seem like a premature swan song, let me assure you that the next academic year will be a busy one, with enough exciting work to keep me very engaged right through June. I am working actively with the faculty to forge a five year strategic plan. I eagerly anticipate the July 1st arrival of Dr. David Kessler, the current Commissioner of the FDA and the newly appointed Dean of Medicine, and I fully expect that Dr. Kessler, Dr. Merson (the Dean of Public Health) and I will use next year to establish new relationships between and among the health professions schools at Yale.

In the meantime, I look forward to seeing many of you at our next Alumnae/i College and I encourage you to share your thoughts about the deanship and/or nominations with the Search Committee.

A LETTER FROM PRESIDENT LEVIN

March 26, 1997

To the School of Nursing Community:

I write to announce that I have appointed a committee to assist me in finding a successor to Judith Krauss as Dean of the School of Nursing. We have all benefited immensely from Dean Krauss's leadership, and I am most grateful to her for all that she has done for the School.

In accordance with the long-standing tradition of the University, the search committee is composed of members of the faculty, but the entire community can be confident that the committee will consult widely with students, alumni, and staff during the search process. I am delighted to announce that Professor Donna Diers has agreed to serve as chair. The other members are:

Margaret Grey
Gail Melkus
Michael Merson
Paula Milone-Nuzzo
Barbara Safriet
Stephanie Spangler
Ann Williams

The committee has an important responsibility, and I know it would be pleased to receive your views on the characteristics we should be seeking in a Dean, as well as your nomination of specific candidates.

Sincerely,

Richard C. Levin
Richard C. Levin

1997 Reunion Weekend

The highlight of this year's Alumnae/i College is a production of "Back Talk," starring Judith Gantley, which is a one-woman play by Joan Weimer and Phyllis Paulette adapted from Joan Weimer's memoir, *Back Talk: Teaching Lost Selves to Speak*. Ms. Weimer is a Professor of English at Drew University in New Jersey. It is a funny and moving true story about a woman who enlists the help of a Victorian writer to heal her body and redirect her life. The one hour play portrays a biographer stymied by a crippling spine injury whose conversations with

Constance Fenimore Woolson illuminate with wit and candor the struggles of women from two different centuries with parents, work, illness, belief, and their own desires.

We are especially privileged to have the author join us on Friday, June 6, to engage in dialogue about her book/play that reviewers such as Ellen Kaufman of *Primetime* have found, "so superbly crafted ...that the result is a richly satisfying intellectual and emotional experience." You can't afford to miss this event, as well as the rest of the program which will focus on chronic illness from a clinical practice, as well as research perspective. So make plans now to join your fellow classmates and others on June 5-7. You'll be glad you made the effort



Judith Gantley

YSN PROFILE

Lake Worth Resident Volunteers in Poland

For decades, Poland was a country shrouded in mystery and closed to the rest of the world. **Mabel Pelikow Mendel '47** never dreamed she would have the chance to travel to this country, much less meet any Polish children. But in November, Mendel not only had the chance to visit Poland, she finally met those children face to face -- in the classroom.

Mendel, a resident of Lake Worth, Florida recently joined a team of North American volunteers who taught English in Siedlce, a Polish village located about two hours east of Warsaw. She said the experience provided her with a closer look at daily life in an emerging democracy. "I learned that the Poles are a special people who want very much to reinforce visitors with a positive image of their country," Mendel said. While in Siedlce, Mendel taught basic English language skills to middle school children and workers in a local tax office. "The tax office workers were warm, friendly and most accommodating," Mendel said. "I feel that I reached my goals of giving something that is wanted and needed by my students and receiving a better understanding of Polish people and culture."

The three-week service program was coordinated by Global Volunteers, a

private, non-profit, nonsectarian organization. At the invitation of the local host organization, Global Volunteers sends teams of 12 to 20 volunteers to this [Polish] village and sites in 14 other countries several times yearly.

Founded in 1984 by Bud Philbrook, Global Volunteers works under the direction of local community leaders. Whatever the tasks, volunteers work under location direction as "servant-learners." Interested individuals can call toll-free, 800-487-1074, to learn how to join future teams.

The English-teaching partnership in Poland began in 1990 with the invitation extended to Global

Volunteers by Rural Solidarity. Assisting their efforts toward democratization and free enterprise, volunteers teach English as a foreign language to children and adults in classrooms and small groups, concentrating on improving conversational ability and pronunciation. The students learn technique from the volunteers, most of whom are native English speakers.

"Anyone who has the desire to assist the Polish people can be useful in the English-teaching program," Philbrook stated. "It just takes flexibility and a bit of creativity to improve students' understanding of and interest in English." ■



Mabel Mendel with an adult student

YUSNAA Board Offers Students Social and Professional Support

This year's YUSNAA Board set a goal of increased visibility and awareness among currently enrolled students and from all reports that goal has been met. Last November

the Board sponsored a TGIT (Thank Goodness It's Thursday) social, supplying food and drink to a tired and hungry group of students, most of whom had been in class all day. Pizza, beer, and soda were on the menu and little if anything was left at the end of the event. Thanks to members of the Student Government Organization who helped with the details!

On January 25 the Third Annual "Launching Your Career Workshop" was held for the largest group ever. Twenty-eight final year students showed up on a Saturday to take advantage of the wisdom and experience of YUSNAA Board members who presented resume and curriculum vitae writing, interviewing skills, and general



(L to R) Jean Zdanys and Jessica Ricciardelli from the PNP Program (Primary Care Track)



(L to R) Jane Clark, Adult Psych; Susan Daniell, FNP; and Tae-Wol Stanley, FNP, at one of the resume review breakout sessions, with lunch provided for the participants



Nurse-midwifery student Celine Richard (L) and presenter Doris Foell



Karin Nystrom making a point to Christine Chordas, PNP Program (Chronic Illness Track)

issues around finding a job as an advanced practice nurse. An assortment of handouts, including samples of resumes and CV's, articles, etc., were distributed and opportunities for dialogue with the presenters were offered. The purpose of the workshop is to help get graduating students started in their job search, as well as create some excitement over the possibilities that exist. Evaluations were very positive and thanks go to **Anne Aquila '89**, **Doris Foell '88**, and **Linda Degutis '82** who were enthusiastic organizers and presenters, as well as **Mary Colwell '50**, **Curtis Harmon '94**, and **Karin Nystrom '95** who attended and helped out with breakout groups. 🍕

The Community Health Care Van Project

by Mary Pat Lamberti '94

The Community Health Care Van (CHCV) provides health care services to New Haven's disenfranchised persons through two outreach programs. Since 1992 the van has rotated weekly to area soup kitchens, rehabilitation programs, shelters, and alternative sentencing programs under the direction of Michele Barry, M.D. Support from the Kellogg and Carolyn Foundations has allowed this project to be incorporated into the internal medicine residency program at Yale-New Haven Hospital. Residents are required to serve on the van, under the supervision of university and hospital faculty, as part of their ambulatory rotation. The program benefits medical residents by offering an opportunity not only to provide ambulatory care, but to gain a better understanding of the importance of seeking out patients who need primary health care. The CHCV project provides urgent health care services, makes referrals to primary care providers and identifies barriers to care.

At the time of the CHCV's deployment to local soup kitchens, a number of academic, medical center and community health providers, city and state government, public health officials and community advocates gathered to discuss the health care needs of another population of vulnerable and disenfranchised individuals - active injection drug users (IDUs). This population has unmet health care needs that tend to exceed those found among the poor alone. HIV/AIDS further exacerbates these differences. This population of active IDUs remained hidden from public scrutiny because of the illegal nature of the activity and its stigma.

In January 1993, with the support of the New Haven Health

Department's Needle Exchange Program (NEP), Frederick L. Altice, M.D., of the Yale University AIDS Program, began a program to meet the needs of this population.

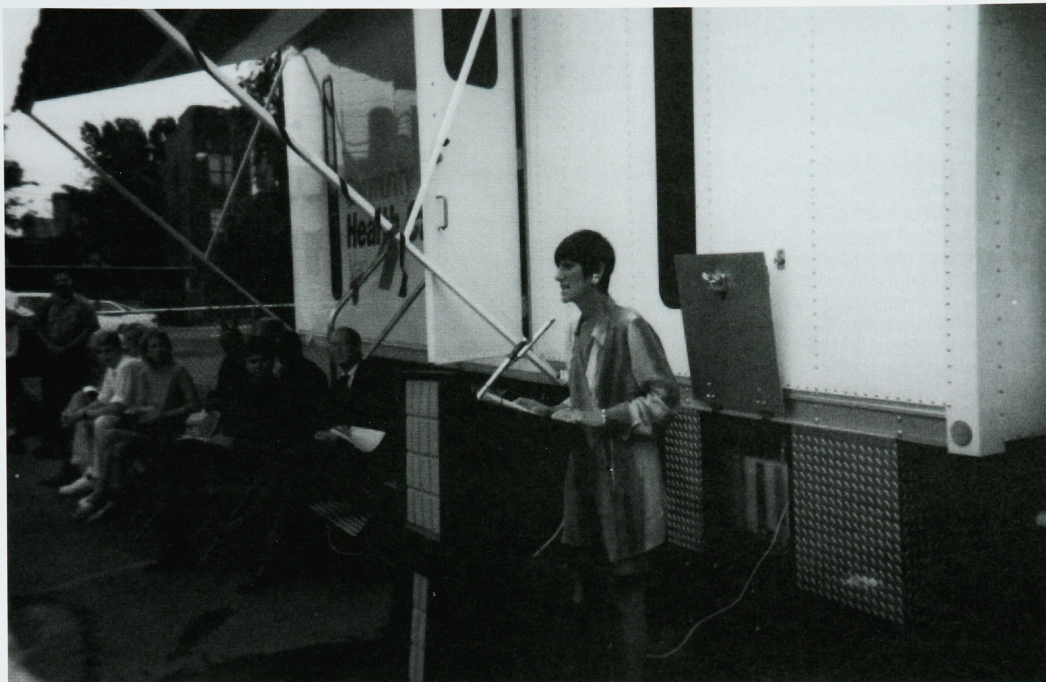
Accompanied by volunteer social workers, HIV counselors, and outreach workers, he began providing health care services one day per week at NEP stops. Initially health care was provided exclusively to NEP clients, but later that year the community planning group expanded services to all interested community residents. The participation of non-NEP clients minimized the potential stigma for other IDUs utilizing the NEP.

Funds secured from the Henry J. Kaiser Family Foundation, the National Institute on Drug Abuse (NIDA) and the Health Research and Services Administration

(HRSA) and others are allowing the NEP-based services to expand and be able to hire a CHCV coordinator to facilitate collaboration between the mobile NEP-based health care services and the resident training program. **Mary Pat Lamberti '94**, APRN, has served as the clinical coordinator since 1994. She coordinates and supervises the clinical staff, the provision of direct medical services, scheduling, community-based organization outreach, van supplies and maintenance, clinical data integrity, and implementation of new clinical programs. She also maintains the multidisciplinary team approach by encouraging the clinical team to fully use the skills of each team member. She also holds team meetings to coordinate patient care among the team members and other community providers.



Maripat Lamberti (L) and Caroline Roan at the June, 1996 press conference which showcased the new Community Health Care Van. Roan is the Study Coordinator for the Needle Exchange-Based Health Services Project.



The Honorable Rosa L. DeLauro, Congresswoman, Third District, Connecticut, made remarks at the press conference

In December 1994, in collaboration with the NEP, the project expanded to another full day to determine what could be offered to needle users in addition to syringe exchanges. Because data generated from the initial evaluation of NEP-based health services showed the importance of mobile health care services, NIDA provided a \$3 million grant to further evaluate this project. In October 1995, a grant from the NIDA allowed the lease of a new 36-foot van, with two private exam rooms and a separate counseling room. This grant has allowed for expanded services and clinical time for the collection of information about the experiences of IV drug users with their health care and the evaluation of the mobile needle exchange based health care. Caroline Roan, Study Coordinator, oversees the research study.

Services provided on the CHCV include problem-focused medical history and exam, impression or diagnosis, and the dispensing of a wide variety of medications. Other medical interventions include evaluation and treatment of acute medical problems, incision and drainage of abscesses, urine pregnancy testing, HIV testing, hypertension, blood sugar and tuberculosis screening, immunizations, health and wellness education. Patients are linked to local primary care centers for ongoing treatment. When necessary, direct transportation to emergency rooms, diagnostic imaging facilities, drug treatment centers, mental health hospitals and other community-based organizations is provided. In conjunction with the new federal grant and collaboration with the State Department of Public Health, full sexually-transmitted disease

screening and treatment will be available. A drug treatment coordinator has been recruited through collaboration with the APT Foundation. Previously, drug treatment referrals were made through the NEP that has a case manager dedicated to the NEP and CHCV clients. Expanded social work and intensive case manager services are available on the van and provided by Migdalia Lopez of Yale, and another Hill Health Center staff member. Collaboration with a local food dispensary program, Rachel's Table, has allowed the van to distribute food to those who need it. A group of interested community leaders has gathered donations of clothing for distribution.

This mobile program offers extensive medical outreach to the city's most disenfranchised citizens, the homeless and active drug users.

The Community Health Care Van Project

(continued)

Because the van seeks out patients who most need health care, it differs from other programs that use a static office or clinic space. The direct physical link to another mobile program offering needle exchange to drug users provides the critical connection with this difficult-to-reach population. The CHCV brings the opportunity for health care to drug users in the environment where they spend much of their time; areas where drugs and sex are bought and sold, and shooting galleries.

The van's services are never limited by the patient's ability to pay, residency status, or other legal status. Collaboration with the HHC Homeless Program has also allowed

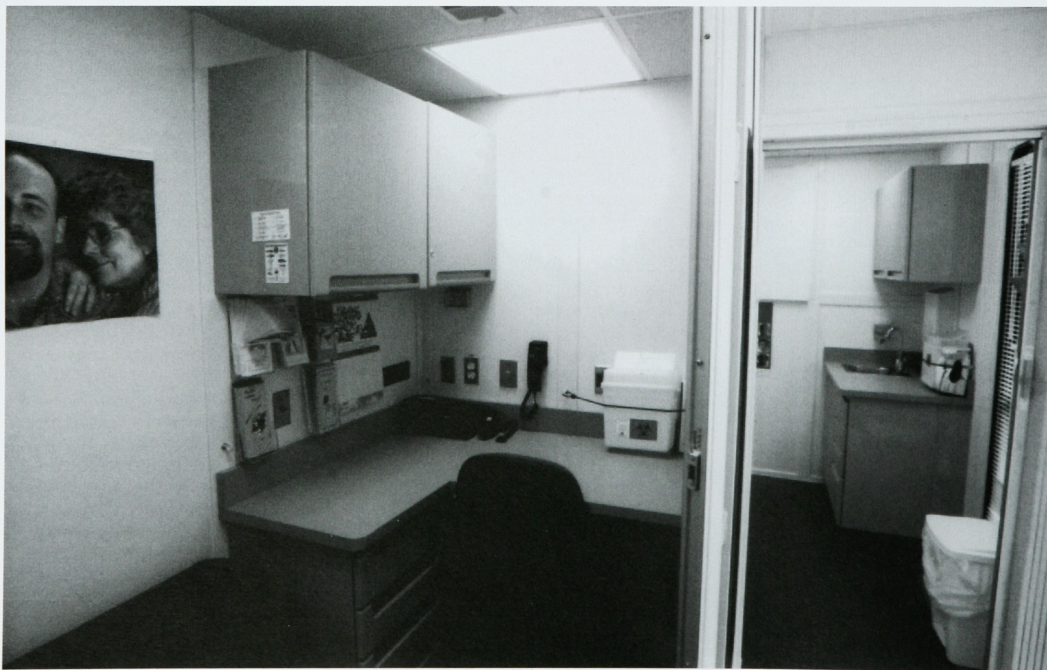
the CHCV to provide continuity of care.

Another important aspect of the CHCV's approach is the staff's non-judgmental attitude to drug users. Anecdotal reports by drug users indicate that one reason for low utilization of primary health care services may be related to insensitive treatment by health care professionals. The CHCV team is willing to work with active drug users and address their health care needs without insisting they abstain from their drug use. A dedicated outreach worker, Marianne Buchelli, works closely with drug users to encourage safer drug use and that they come to the van for service. Individuals are also

encouraged to enter drug treatment programs.

This unique program has only been possible with the collaboration, ingenuity and dedication of many individuals and organizations, including the APT Foundation, the Hill Health Center, Yale-New Haven Hospital, Yale University, the City of New Haven Health Department, and others. Donations of medical supplies and staff volunteers are always needed. Donations may be arranged by contacting The Community Health Care Van Project office at (203) 737-4047. 📍

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Inside the van

Making a Difference

New Haven Schools and Yale Partner for Educational Enrichment

NEW HAVEN, Conn., Dec. 4, 1996
The New Haven Public Schools and Yale University have formally established a dynamic educational partnership to benefit and enrich the opportunities for all students to further develop their human potential.

This educational partnership builds on and expands work initiated in recent years between the Yale Schools of Medicine and Nursing and Career High School, which in 1998 will open a new regional facility on the Route 34 connector near the Yale medical complex. The high school offers concentrations in allied health, business and computing. "In creating this partnership, we recognize our common interests and shared educational responsibilities to our students, and today join together to form one intergenerational community of learners," adds Reginald Mayo, PhD, superintendent of schools in New Haven. "As neighbors, we have much to offer each other and much we can do together to promote the vitality of the city of New Haven, our common home," says Yale Secretary Linda K. Lorimer. "This educational partnership, centered at our medical and nursing schools, is consistent with Yale's expanding programs and its focus on partnerships with the New Haven public schools." School of Nursing Dean Judith B. Krauss, MSN adds, "We are excited

about the opportunity to introduce Career students and faculty to the role of nursing in health care, but more importantly, we are drawn to the partnership as neighbors who together with our colleagues at Career can do much to improve health care and health care education in New Haven." [Former] Medical School Dean Gerard N. Burrow, MD, says, "The medical school has long played an active role in the New Haven community with numerous volunteer programs. We are delighted to enter into a real partnership with Career High School in which the students and faculty in both institutions will benefit. This partnership enhances public education in our community, and comes at a time when the United States continues to place great emphasis on science and math curricula for young people who live in our global world."

Since January of 1995, J.G. Collins, Ph.D., professor of anesthesiology, has coordinated an effort to identify ways to share University resources with Career faculty as they move forward in their efforts to revise curriculum. Under the direction of Career Principal Charles Williams, Claudia R. Merson, partnership coordinator, and Dr. Collins have met frequently with Career faculty to establish links to appropriate University educational resources. During the past two months, Career teachers, students and the librarian have received customized training developed and presented by the librarians and staff at the John Hay Whitney Medical Library on use of the Internet and other electronic information reference tools. The library training program will continue next year, and Career faculty now have full borrowing privileges at the medical library. "The partnership was designed to encourage more contact and informal communication between the students and staff at Career with medical and

nursing students and faculty," says Ms. Merson. "To assist those efforts, the Yale Medical Shuttle will expand its route to include regular stops at the new Career High School. In addition, members of the Schools of Medicine and Nursing who participate in this educational partnership will have access to the swimming pool and other sports and recreation facilities in the new regional high school. Career students also have had opportunities to learn about a variety of career options through participation in a medical careers course at the high school and internships at the medical and nursing schools, where Career students observe medical faculty and other health professionals in research and clinical areas. Yale medical faculty and postdoctoral fellows also lecture at the high school on career options and paths. "We hope that this partnership will enhance opportunities for graduates of Career to play important roles in future health care development and research," Dr. Collins says. An educational program started in 1993 continues to best exemplify the kinds of enrichment that this partnership has been designed to produce. Career students come to the medical school for an innovative human anatomy program, conducted in the medical school's human anatomy laboratory and taught by medical students and William B. Stewart, Ph.D., associate professor of surgery and chief of the gross anatomy section, and his colleagues at Yale. The highly motivated Career students have learned more about human anatomy, earned higher grades and increased their interest in the sciences by participating in this program.

Career students, teachers and staff comment on their Yale medical experiences:

Continued on page 15

Allende Aims High to Bring About Change

Marge Allende, DNSc Class of 2000, dropped out of high school in Bridgeport, CT in the ninth grade. It was the mid '60s and school was not a priority for Marge who soon got married and had three children. Unfortunately her marriage did not work out and in the process of a divorce she applied for and was granted state welfare in order to support herself and her family. As a single parent on welfare, she began to make plans for getting off welfare permanently. After completing her GED, she entered an associate degree program in nursing at the University of Bridgeport with the main goal of finding secure employment. After completing the program, she worked for a year at Norwalk (CT) Hospital in the medical-surgical and OB/GYN units, but chose to leave the hospital because of the conflicts that working shifts with inflexible hours created for her in trying to raise her family. From a nursing perspective she had found hospital nursing unfulfilling, largely due to the expectation that she follow orders, not think. Marge next took a job as a head nurse in the Greater Bridgeport Regional Narcotics Program in the methadone maintenance clinic in Bridgeport, CT. She again found the work task-oriented, restricted to dispensing medications and keeping federal records, not counseling clients or dealing with the human being as client.



Marge Allende

Continuing to question what nursing really means, in the early 1980's she accepted a job at another methadone maintenance program (currently the APT Foundation) which at the time was affiliated with the Connecticut Mental Health Center (CMHC) in New Haven. She found increased interaction with clients and a focus on the counseling aspect of treatment in this environ-

ment, but noticed that clients were often approached in disrespectful, condescending, and controlling ways. Never one to accept the status quo, Marge concluded that she must be lacking information about the treatment principles and philosophy, because why would clients be treated in such a manner, unless it was part of an overall, well thought out plan?

At this point she decided to return to school, a course at a time, in pursuit of those ever elusive answers to her questions. Around the same time she decided to expand her employment opportunities beyond the area of substance abuse, so left methadone maintenance treatment at CMHC to work at Elmcrest Psychiatric Institute. Although Marge discovered her love for psychiatric-mental health nursing at Elmcrest, her heart was in working with inner city populations and so she returned to CMHC. There she gained experience in cocaine treatment, psychiatric day hospital, and dual diagnosis treatment, finally finding a position on the ACT (Assertive Community Treatment) Team which emphasizes community outreach to people with major mood and thought disorders. Many of these people are dually diagnosed (psychiatric and substance abuse disorders) and considered to be high recidivists, non-compliant, and difficult to engage in treatment. In the meantime, ever a student, she was awarded a BS in Health and Human Services from the Charter Oak External Degree Program, which she began in 1982 and completed in 1990.

The discovery of Eastern ways of thinking led to readings about the power of positive thinking, which prompted Marge to apply to Yale School of Nursing's master's program. Why not, she asked herself? A long way to come for someone who had dropped out of school in the ninth grade! She enrolled in the Psychiatric-Mental Health Program as a full-time student in 1992 and graduated in 1994, armed with a master's degree which she felt would finally put her on an

even playing field with those in the system that she had been questioning throughout her professional career. She continued to question treatment rationales, wondering what she must "be missing" and was often considered not to be a team player, one who constantly challenged and pushed the bound-

some definite ideas. She would like to see more mentorship in nursing. She believes the time has come for nursing to "step forward, stand tall, and take its rightful place in the professional world of health care." In order to do so she says nurses must work to describe and define what nursing is and

does, so they can better articulate to the general public and their professional colleagues what it is that nursing has to offer.

A long way to come for someone who had dropped out of school in the ninth grade!

Marge feels strongly that it is the responsibility of master's and doctorally prepared

nurses to halt the perpetuation of divisiveness within nursing by working together to find ways to support undergraduate nurses. She states that, "While we may be tempted to devalue a 'task-oriented' work role, it is very likely that the positive image of nursing promoted by the successful carrying out of these roles has significantly contributed to the creation of opportunities such as we at YSN are able to take part in." She is hopeful that the day will come when there is a standard, universal, baccalaureate entry level into the nursing profession and an accompanying plan for all interested nurses to meet the stated requirements. Marge enthusiastically states that she has found the YSN faculty "refreshingly receptive" to her ideas and questioning and feels that her opinions are heard and respected, as evidenced by real results, whether it be as a concrete change or constructive support. Perhaps she has finally found the arena in which she can realize her strengths and begin to bring about the changes she finds so necessary for her clients to get the respectful, health-focused, collaborative, comprehensive treatment they deserve.

Looking back on the path she chose, the ups and downs, the quest for answers to how nursing can promote itself and bring about meaningful change to improve client care, Marge has

prepared nurses to halt the perpetuation of divisiveness within nursing by working together to find ways to support undergraduate nurses. She states that, "While we may be tempted to devalue a 'task-oriented' work role, it is very likely that the positive image of nursing promoted by the successful carrying out of these roles has significantly contributed to the creation of opportunities such as we at YSN are able to take part in." She is hopeful that the day will come when there is a standard, universal, baccalaureate entry level into the nursing profession and an accompanying plan for all interested nurses to meet the stated requirements.

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NURSING AS *Poetry*...

Elizabeth Conway '98 has always found expression in poetry. As a GEPN student, she continues to pursue her passion, but now with nursing as a newfound inspiration for her creativity. Below is a sampling of Elizabeth's work since she has been at YSN. Her verses reflect

the detailed visions of a nursing student, like diary entries made with precision, revealing insight into the human spirit amid the chaotic background of illness and wellness. Perhaps this ability, and the ability to then act accordingly, is part of what defines nursing.

Resilience

I am watching you die.
You have opened your door and your situation to me.
We share an intimacy of strangers.
We become family by default.
Does it make me a voyeur to look at you?
Does it make me frigid because I am honored by your hospitality?
Did your mother ever teach you to welcome all guests with grace, even those
who come to help you die?
I don't come to degrade you.
I don't come to minimize your life.
I come to learn. You are my teacher.
I take on my role not because it is my duty (although some will tell you it is).
No.
I take off my mask because it is a privilege to be in your company.
I am here to listen and to support and to offer you comfort.
I do so freely because I wish for these things in return.
I sympathize with your anger and grief.
I won't belittle you with consolations you can't use.
I won't offer you advice you don't have time to take.
I can't restore you,
or repair you.
I can only be here to offer you my presence.
You have taught me gentleness, kindness, patience
and hope.
You have left me with a piece of life and a peace of mind
that is best described
in a vast, comfortable, familiar, welcomed
silence.

Birth

Baby...you and the midwife are ready
for this moment.

Is you mother?
Is your father?
Are your siblings?

No textbook could prepare me,
the student nurse,
to witness
this miracle of birth,
this moment when your mother's
duality-
exhaustion and energy-
opens her loins
to bare you to the world.
Her gift to you.

No classroom could teach me
what to do with my hands,
how to divert my eyes.
A voyeur-
watching the intimacy of a husband
giving physical and emotional support
to a suddenly doubtful and frightened
mother-to-be, saying "you can do it"
She's not sure.
Can she?

And then...finally...
you are swaddled...
placed in your mother's arms
your eyes are closed,
lips pursed,
instinctively searching for the breast.
A moment of complete and wonderful
fruition:
the bonding.
Your gift to her.

I Have Seen These Things

...a 19 year old boy injured
in an automobile collision
with little family to console him
most of them are dead
yet he keeps a "Blood of Jesus" book
at his bedside

...an 83 year old man
with parkinsons disease
he's somebody's grandfather
and as I hold his hand
for a moment he is mine

...a line in a soup kitchen
on a cold November night
each Monday one man promptly arrives
and plays his guitar
as he waits for a meal

...an 85 year old woman
whose glaucoma has left her blind
whose stroke has left her partially paralyzed
but she tells me
the important factors to a quality life
are honesty, acceptance and
a good disposition

...a room full of graduate students
who wish to become
advanced practice nurses
who are discussing spirituality
and proclaiming
they are agnostics

...a 30 year old somber woman
a reflection in the mirror
a knowing glance
that the true meaning of altruism
is not lost
to all

Asylum

I don't want to end up living within these walls.

It's hard enough to sit here with you, holding your hand, trying to make you smile.

Going to a soda machine is a trip too far for you.

You're a grown woman and you can't go outside by yourself.

The people you've come to depend on are too busy to take you for that soda. It's cold outside.

You are a burden.

I want to take you across the way, to that other big ugly building that looks like this one.

The one with the soda machine.

But I'm not allowed.

I am a student. I am not privileged to have the responsibility others don't want.

Tomorrow's your birthday but you don't seem to care.

You look so tired, is it the medication?

You seem so hopeless.

Another day in the dead of winter.

Another day to sit in a plastic chair and wait.

Wait for another day when someone will take you for that soda.

I feel so helpless.

Another day for me to spend a few minutes with you.

But my days are numbered here. I have a freedom you could not handle.

It would overwhelm you.

Sometimes it overwhelms me.

Yet when I ask you what you want for your birthday you tell me simply,

Liberty.

HAVE BONES, WILL TRAVEL

by Linda Pellico '89,
*Coordinator, First Year Curriculum,
Graduate Entry Program in Nursing*



Linda Pellico and daughter Katie discuss the femur in Katie's second grade class

Did you know that we have about 60,000 miles of blood vessels in our body, that a sneeze travels at 100 mph, and that our heart will beat more than 100,000 times today alone?

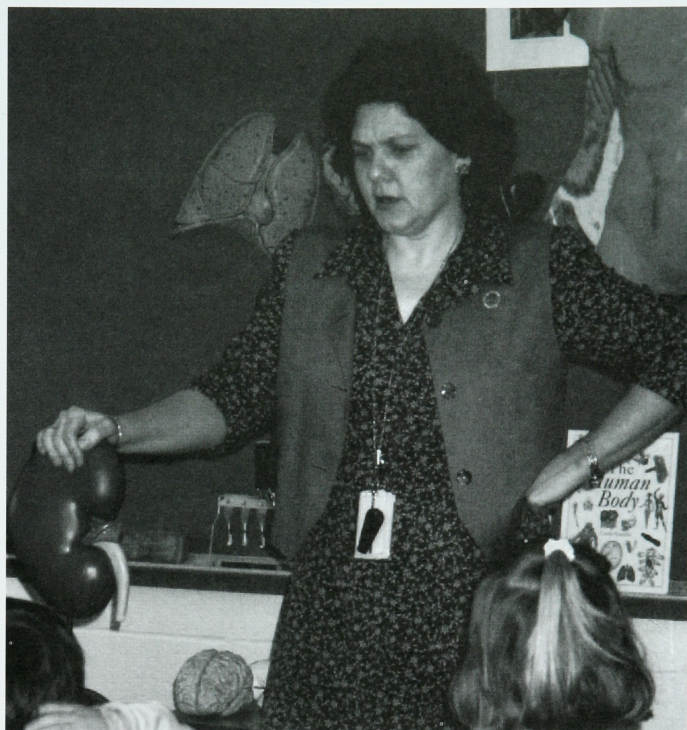
Well, many students in New Haven area grammar schools are learning this and much more. Several elementary schools have been calling the Yale School of Nursing to request participation in a free community enrichment program called, "Learn About Your Body." The program is individualized to the students' age and educational level and can be as brief as 20 minutes or as long as 90 minutes. The YSN faculty involved load up their station wagons with models of the heart, lungs, kidney, liver, stomach, bones, etc. and set out for neighboring schools. Thus far this spring semester 13 classes ranging from kindergarten to fourth grade in the towns of Hamden, Madison, and New Haven have enjoyed this program.

The emphasis is on health and protecting the body. For example, the students see a sheep brain and can't help but notice its fragile appearance. They touch a skull and see how thin the bones truly are. After this, the discussion on bike safety and wearing a helmet takes on an entirely new meaning for the children. They use all their senses during this program, including stethoscopes to hear their heart and lungs. They feel their pulses, learn about reflexes, see and touch the largest and smallest bones in the body (femur and ear bones for the curious), and ultimately realize how incredible their bodies really are.

Each system is discussed with a review of what the organ looks like, its function, and what the students can do to help keep their body going and going, and going.....They learn to wash their hands, cover sneezes and coughs, protect their wrists, knees, and

skull while rollerblading, along with a host of other lessons. The TO DO LIST includes exercise and a balanced diet, while the DO NOT DO LIST emphasizes the dangers of smoking and using drugs.

One of the most exciting parts of the program is when the students are free to ask questions and the faculty respond. We have fielded questions ranging from, do you get a new wrinkle in your brain every time you learn something new? (answer, no), to why are some people born with deformities? (a much longer answer and far more challenging). This is an incredibly rewarding and enjoyable outreach program, to say nothing of being just plain fun. The Graduate Entry Program in Nursing students have noticed how excited the faculty are after giving these classes and are asking to join in, as well. So keep your eyes out for the latest YSN community service effort. We could be touring in your neighborhood soon.



Linda Pellico demonstrates that frowning uses 40 muscles, while smiling only takes 15!

thank them thing both
with those this other

Write a thank-you note to someone.
Use some of the spelling words.

2-6-97

Dear Mrs. Pellico,

Thank you for showing us the sheep brain. I think it was neat.

Love,
Maggie

Report Card

SKELETON.....(E)
skull, ear bones,
knee cap, thigh
bones, hand bones

HEART.....(H)
valves, veins

LIVER.....(G)

INTESTINES.....(E)

BRAIN.....(H)
sheep brain, brain
model, fish bean
bags

LUNGS.....(F)
valve, choking

STETHOSCOPE.....(G)

STOMACH.....(A)

2-6-97

Dear Mrs. Pellico,

Thank you for letting us use the stethoscopes. The ear bones are tiny. Your friend,
Cara P.

I liked it when you came to our school. I liked it when we got to see the sheep brain. I liked it when we got to use the Stethoscopes. Thank you for coming.

Making a Difference (continued)

"Going to the med school gives me confidence. I have the privilege of doing something that most high school students do not. Yale medical school's program has benefited me a lot."

Arndres Lynette Holoway,
Sophomore

"Yale has provided us with opportunities, opened our minds, and expanded our horizons."

Jamie Savo, Junior

"It's been a real growth experience for the students to be able to see career opportunities for advancement that are available, and the medical school has contributed greatly to that effort."

Minna Kaufman, RN
Teacher, Medical Careers and Nurses' Aid Program

"As an educator, this experience has enhanced my present anatomy program. I always have wanted to be able to give the students a hands on experience, so we had to find some activity outside of the classroom to make the Career anatomy program what it is today. The students benefit from this program because the textbook does not always explain to them all of the structural details. It gives an accurate account, but it means so much to the students to get that chance to actually touch and feel and probe the organs and the cadaver. The one thing that I'm greatly impressed by is the facial expression from each student after working with the cadaver. It is something that you just have to see to believe, and that experience will always be very special to them."

Shirley Neighbors
Teacher, Biology and Anatomy
Co-founder the Yale Anatomy Program for Career students

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Faculty Notes

Sally Cohen '80, Assistant Professor and Director of the Center for Health Policy, was first author of, "Stages of Nursing's political development: Where we've been and where we ought to go," in the December, 1996 issue of *Nursing Outlook*.

In January, 1997 **Angela Crowley,** Associate Professor, participated in a forum put together by the Connecticut State Legislature entitled, "It Takes a System to Raise a Child." The focus of the forum was better service integration and prevention strategies for young children on the local level and Angela facilitated a workshop, "Linking Health Care and Child Development."

Linda DiPalma '89, Assistant Professor, was awarded the 1996 Williams and Wilkins Clinical Exemplar Award for her manuscript entitled, "Integrating Trauma Theory and Therapy into Nursing Practice and Education," which will appear in a Spring, 1997 issue of *Clinical Nurse Specialist*.

The *American Journal of Nursing* honored **Paula Milone-Nuzzo,** Associate Professor and Chairperson of the Specialty Care and Management Division, and **Pamela Minarik,** Associate Professor, with a 1996 Book of the Year Award for their books judged the year's most outstanding in a major category of nursing practice. Pam was a Co-Editor of *Culture and Nursing Care: A Pocket Guide*, along with Juliene G. Lipson and Suzanne L. Dibble, and Paula co-authored with Carolyn Humphrey *Manual of Home Care Nursing Orientation* in the community health nursing category.

Elisabeth Reilly '90, Program Instructor, and Nancy A. Held co-authored a chapter on toddler and preschool nutrition in the book, *The Yale Guide to Children's Nutrition*.

YSN was well represented at the National Organization of Nurse Practitioner Faculties Annual Meeting in Albuquerque, NM in April. **Ivy Alexander, Clarice Begemann '90, Sally Cohen '80, Susan Cohen, GERALYN SPOLLETT, and Martha Swartz** presented papers and **Margaret Grey '76** chaired a plenary session.



Courtney Lyder, MS, ND, Assistant Professor and Coordinator of the Gerontological Nurse Practitioner track, presented his research on Perineal Dermatitis at the February Research and Policy Seminar.

Student NEWS

Congratulations to the following YSN students and their significant others who have welcomed new babies into their families: **Emily Barr '97**, son Caelan; **Ellen Colletti '98**, son Kiernan; **Peter Ford '98**, son John; **Kate Plummer '98** and **Robert Krause '98**, daughter Thyme; and **Regina Youngman '98**, daughter Sarah.

Last December **Jennifer Ablon '98** and **Elizabeth Conway '98** presented a workshop on humor, therapeutic play, and stress management as a part of the training program at Southbury Training School in Southbury, CT. The two hour interactive program was presented to interdisciplinary team members at the school which is run by the CT Department of Mental Retardation and houses over 500 adults with multiple handicaps.

Michelle Bettigole '98 and **Cindy Czaplinski '97** attended the national AONE conference in Phoenix, AZ in February. Cindy displayed a poster presentation of her thesis, "The Effect of Staff Nurse Specialization on Length of Stay and Mortality," and is also presenting her research at two Sigma Theta Tau conferences this spring.

Laura Fadil '98, YSN's Community Service Coordinator, reported the following community service update. Thanks to YSN's generosity three local shelters had plenty of warm clothes and cheer this past holiday season. Clothes, blankets, and gifts were brought to Douglas House (teens), Columbus House (men), and Life Haven (women and children). Donations way exceeded expectations and five car loads were needed to deliver everything.

Due to the success of the project it will become an annual winter event. A spring term drive will benefit the Downtown Evening Soup Kitchen (DESK). The health professional volunteers desperately need hygiene products to distribute to clients, such as trial sizes of unused soap, mouthwash, lotion, shampoo, deodorant, toothpaste, toothbrushes, and other hygiene products. Full size donations are also welcome. These items are invaluable to the homeless and working poor population of New Haven. Laura is also soliciting volunteers to participate in the First Annual Yale-New Haven Scholarship road race. Money raised at the event in April will benefit a college scholarship fund for New Haven high school seniors. Runners and other volunteers are needed for the event. You can see



Two generations of YSN students, alums, and possible future alums posed in the hallway: (L to R) Kerry Milner (DNSc '98) and Erin, Nancy Lorenze (MSN '96, DNSc '00) and Whitney, and Rebecca Henry '94 and Emma.

Student NEWS (continued)

that YSN continues its tradition of community service to New Haven, thanks in great part to the able efforts of Laura!

Congratulations to **Christina Kim '99** and **Jill (Jae) Patton '98** who were awarded Wilbur G. Downs Fellowships to support their summer research efforts overseas. Chris will be in Zimbabwe collecting data on the feasibility of recruiting Zimbabwean men into vaginal microbicide studies for HIV/STD prevention and Jae will travel to Changsha, Hunan Province, China to conduct research on ST Segment Monitoring in the Coronary Care Unit of Xiang Yale Hospital.

Anne Heskett Carr '97, **Kimberly Gropp '97**, and **William Hendrixson '97** presented their risk profile papers to the staff involved in the Healthy People 2000 Initiative for the State of

Connecticut at the Department of Public Health in Hartford in January. **Wendy Grey '97** also presented her profile paper at Gunster Rehabilitation Center in Bridgeport in February. YSN faculty member **Jessica Coviello '82** gave rave reviews for all.



(L to R) Anne Heskett Carr, Kimberly Gropp, William Hendrixson, and Wendy Grey

IN MEMORIAM

Aura E. Kepler '27
died on December 11, 1996.

Isabel Howe Wegman '31
died on January 13, 1997.

Laura B. Long '33
died on September 17, 1996.

Jean MacLean '33
died in December, 1996.

Miriam Abelson Ness '34
died on June 6, 1996.

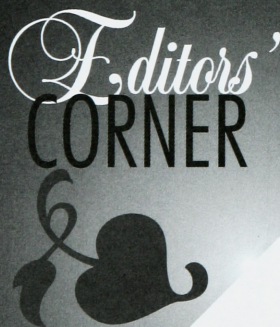
Kathleen M. Barrett '39
died on November 29, 1996.

Naida MacInnes '44
died on February 5, 1997.

Lucille P. Lewis '45
died on August 18, 1996.

Margaret Markham Sparkman '46
died on November 20, 1996.

Florence Levy '57
died on January 5, 1997.



The Alumni Fund reports the following totals as of March 3, 1997. This is extraordinary news and for those of you who might still be planning a contribution, your gift - whatever the size - will boost these totals and percent participation even more. How about making this a banner year for YSN? We are well on our way!

| | 1995-96 | 1996-97 |
|---------------------------|----------|-----------|
| Annual Fund Contributions | \$82,644 | \$100,283 |
| Number of donors | 950 | 1,090 |
| Percent participation | 38% | 44% |

A proposal to admit a select number of Graduate Entry Program in Nursing students into the Nursing Management and Policy Program was presented to YSN's Executive Committee in November, 1996. After considering the advantages and disadvantages for YSN, the Program, and the potential students, the Committee unanimously approved the plan. Proposed changes in course sequencing and content are being fine-tuned to meet student needs, as well as NCLEX requirements.

The article on the 20th Anniversary of the graduation of the first GEPN class, promised in the last issue, will be featured in the August, 1997 *Yale Nurse*.

Three YSN Students Honored at Martin Luther King Day Program

by Jordan Hampton '98

On January 20, 1997, three YSN students were honored with an Award for Distinguished Community Service at the Yale School of Medicine's Martin Luther King Jr. assembly.

Laura Fadil (FNP '98) has been incredibly active in the community during her two years here at YSN. She has been a volunteer at DESK (Downtown Evening Soup Kitchen) one night a week for two years doing blood pressure screening, referrals, health education, basic wound care, and over-the-counter medication distribution. This year she became a Co-coordinator of DESK. She started monthly meetings to improve care and communication, ran a hygiene drive for the DESK clients, and found preceptors to improve the volunteers' experience. In addition to her DESK responsibilities, Laura was chosen to be the Community Service Coordinator for YSN this year. As such, she organized the community service fair during orientation, began a community service bulletin board in the student lounge area, and started the YSN Holiday Warmth and Cheer drive to supply clothing, blankets, and gifts to three New Haven shelters. Laura also serves as a YSN representative to COVS, the Committee Overseeing Volunteer Services, and as a mentor for a Career High School student in the nurses' aid program. Finally, she volunteered at the Children's Hospital Health Fair doing height and weight growth charts one day, and taught children how to canoe with New Haven Parks and Recreation another afternoon.

Jordan Hampton (PNP '98) has created two new programs for the New Haven community. Working with the Douglas House coordinators, she designed and wrote the

curriculum for a health education program at the shelter for adolescents. She implemented the program this fall, supervising and coordinating the group of volunteer student teachers, encouraging and assisting with the planning of new lessons, and attending each session to facilitate and act as a resource person when necessary. Jordan also developed a mentor program with the Career High School nurses' aid class. She organized and participated in a panel discussion with the field of nursing, matched interested Career High School students with YSN mentors, and serves as a mentor herself. In addition, Jordan is the YSN representative for STATS (Students Teaching AIDS to Students) and teaches with that program. She also served as a YSN representative to the Committee Overseeing Volunteer Services (COVS) for the past two years and, in that position, attended the Community Service Leaders Conference held by the Pew Foundation last spring. Along with Laura, Jordan has worked to expand the services of COVS to

include the entire health professions community.

Beth Steinmiller (PSYCH '98) has helped to increase the visibility of the nursing school in the health professions community. She volunteered with Douglas House last year and this year became one of the executive coordinators. In that position, she has recruited more nursing students and nurse practitioner preceptors to volunteer with Project Hope. She consults and problem-solves with the leaders of the three houses under the Project Hope umbrella, and has developed a data collection form to track the populations and diseases at the three shelters. Over the summer, she organized the Project Hope integrated lecture series, and helped plan the YSN Community Service Fair in the fall.

After the awards ceremony, actor and civil rights activist Ossie Davis spoke to a packed auditorium calling for a Constitutional amendment guaranteeing jobs to all Americans. It was an inspiring assembly for all who were able to attend. 🍌



(L to R) Laura Fadil, Jordan Hampton, Beth Steinmiller

CLASS News

In October, 1996 **Ann Cauble '46** participated in one of the AYA sponsored Alumni College Programs, "Autumn in France." Ann notes, "Yale University was fun, but these trips are more fun!"

Likewise, **Frances Howard '48** and her husband Robert ('46 BS, '49 MD) thoroughly enjoyed another AYA program, "The Gold Rush and Wine Country Tour," also in October, 1996. She states, "The AYA trips I've taken have enriched my life and given me much pleasure and fun, as well as memorable experiences in the company of other 'Yalies'."

Virginia Ross '48 sent a very newsy holiday letter describing the comings and goings of her large family. She noted that she and her spouse Walter "got bored with retirement," so Walter returned to Hughes Aircraft as a consultant and she took a Red Cross class entitled, "Disaster Nurses' Training." They continue to repair their home in Van Nuys that suffered earthquake damage and are in good health!

Karen Stolte '65 has written a book, *Wellness Nursing Diagnosis for Health Promotions*, published by Lippincott-Raven. Karen earned a PhD from the University of Kansas and is a Professor at the University of Oklahoma College of Nursing in Oklahoma City.

Carol J. Scales '67 is an Assistant Professor at the School of Nursing, Lander University, Greenwood, SC. Carol earned a PhD in 1995 from the University of South Carolina. Her area of interest and expertise is forensic psychiatry, and in particular children who have experienced legal difficulties at an early age. Carol recently stopped by the

School on a trip north and was excited to see the new building, so very different from the Brady Building where she first attended classes back in the 1960's!

Mary Lou Bernardo '77 completed her PhD in 1993 at Columbia University in the area of social, organizational, and counseling psychology and went on to complete a post-doc at Norwalk (CT) Hospital. After celebrating her 50th birthday, she found out that she had passed the psychology licensing exam and is now "looking around to see what the next step is going to be." Mary Lou's son David is 11, interested solely in sports, and her daughter Rachel, nine, is hot on his heels, trying to make up for being two years younger!

Danuta Bujak '81 continues to pursue her impressive work in the area of Lyme disease. She is an FNP in Rheumatology at New York Medical College and presented a paper, "The Fibromyalgia Impact Questionnaire is useful to evaluate physical impairment in patients with Post Lyme Syndrome," at the 31st National Meeting of the Association of Rheumatology Health Professionals. The paper was co-authored with Fallon, Guardino, and Weinstein. Danuta also published an article, "Clinical and neurocognitive features of Post Lyme Syndrome," in the August, 1996 issue of the *Journal of Rheumatology*.

Kathryn Grado '83 is living in Charlotte, NC and planning a wedding for April of this year, after having spent several years in Nevada with her fiancé. Professionally Kathy worked for

two and a half years with a cardiology practice coordinating clinical trials, but left to assume a position as

Director of Clinical Research,

faced with the "formidable task" of developing a research program for an independent cardiology group. She has found that health care in other parts of the country just isn't the same as it is in the Northeast, but she is pursuing her interest in clinical trials in Charlotte.

Adele Pike '84 continues to work toward her doctorate at Boston University and is working part-time for the Visiting Nurse Association of Boston with a geriatric home care program out of the Boston Medical Center. In her not-so-spare time Del has taken up ballet and just loves it....wonderful exercise and superb diversion!

Kathleen Hoffman Green '87 is working as an NNP in a 32 bed NICU at Lenox Hill Hospital in NYC. She wrote two chapters for a recently published book, *Newborn Intensive Care: What Every Parent Needs to Know*. She and Peter, an NYPD detective, were married in 1994 and welcomed son Daniel in September, 1996.

Robyn Hoffmann '87 has recently been promoted to Special Projects Assistant to the CEO of Community Health Network of CT, a not-for-profit Medicaid managed care organization established by nine of Connecticut's community health centers. Robyn still lives in Killingworth.

Marti Sharman '88 and family are thriving in Boulder, CO. She works in trauma at Kaiser, enjoying lots of autonomy, and doing mainly orthopedics and minor surgery, with primary/urgent care when time allows. Marti's oldest son George is a freshman at the University of Colorado, spending every spare moment mountain biking, and

younger son David is a naturalist with a love for computers and film production. Husband George continues his work in geophysics and oceanography and has had the opportunity to teach in Russia.

Jane Loubier Epstein '89 and spouse Mark joyfully announce the birth of Gavin Loubier Epstein born on January 19, 1997. Jane was working in adolescent medicine at the University of New Mexico four days a week and last August began an informal sports medicine fellowship which lasted up to the week before Gavin's birth. Mark is a physician at an Emergency Room in Albuquerque where the family lives. Both have also been teaching yoga, playing lots of ultimate frisbee, and traveling all over.

Kandi Hudson '91 and Professor Dorothy Sexton co-authored an article, "Perceptions about nursing care: Comparing elders' and nurses' priorities," which appeared in the December, 1996 issue of *Journal of Gerontological Nursing*.

Sandra Eger McTernan '91 is working as a PNP /PCNS for VNSNY in New York City and is the President-Elect of the Greater New York Chapter of NAPNAP for 1996-97. As of last December Sandra was expecting her third child early in 1997 and has Alexandra, 3, and James, 1 at home.

Nancy Kline '92 and Professor Dorothy Sexton co-authored an article entitled, "Eating behaviors of nursing home residents who display agitation," which was published in the September, 1996 issue of *Nursing Management*.

Amy Vogt '93 and Joseph Bartolotta were married last June in Westport. Amy is working as a cardiac nurse at Brigham and Women's Hospital in Boston.

Michelle Kennedy '94 and former faculty member Lorraine Mion co-authored, "Neuroleptic therapy: How much do nurses know?" in the December, 1996 issue of *Journal*

of Gerontological Nursing.

Rebecca Ousley Henry '94 and Hugh joyfully announce the birth of Emma Louise on January 30 at Yale-New Haven Hospital. Emma was delivered by CNM **Susan Miller '95**.

Kate Stephenson '94 married Frank Jordan on February 22, 1997 at the Inn at Chester in Chester, CT. Guests included classmates **Rachel Hutson, Michelle Kennedy, Dierdre Murty Marcus, and Liz Ryan**. Barb Reif, Director of Student and Alumnae/i Affairs, also attended. Kate and Frank bought a civil-war era home in Marlborough, CT and are enjoying a more settled life after several moves in the past few years. Kate continues her work at HealthFirst, Inc. in Willimantic.

Elizabeth Boland '95 and **Margaret Grey '76** published an article in the November / December, 1996 issue of *The Diabetes Educator* entitled, "Coping strategies of school-age children with diabetes mellitus." Elizabeth also had an article in the January / February, 1997 issue entitled, "Use of subcutaneous insulin infusion in young adolescents with diabetes mellitus: A case study," written with JoAnn Ahern, MSN, CDE.

Mary Leahy '95 is a nurse practitioner in a corporate care/employee health setting, as well as Clinical Director of an NP based Osteoporosis Center, with a focus on community education and outreach. Thirdly, she has taken a position at Rutgers University in the student health arena and would like to teach in their NP program. Mary comments that she is precepting students and has "really come to appreciate the education [she] got at Yale."

Susan Michaels-Strasser '95 and family are living in Scottsville, South Africa. She is a lecturer in community health nursing at Technikon Natal in Durban and has also worked part-time as a consul-



Marti Sharman '88 and family



Rebecca Henry '94 (L) with Susan Miller '95 and baby Emma



(L to R) Rachel Hutson, Dierdre Murty Marcus, Kate Stephenson, Michelle Kennedy, and Liz Ryan at Kate's wedding in February.

tant to various non-governmental organizations in primary health care and home care for children with AIDS. Not satisfied with her Yale MSN and MPH degrees, Susan is applying to a PhD program in public health at the University of Cape Town.

Karin Nystrom '95 will be presenting a poster session at the May meeting of the American Association of Critical-Care Nurses, NTI, in Orlando with co-authors **Marge Funk '84** and **Toni Tyndall '79**. The study looked at nausea and vomiting after radiofrequency catheter ablation procedures.

As 1996 Class Agent for the Nurse-Midwifery students, **Ariel Derringer** collected and sent in a goldmine of information. **Bethany Berry** is working with the Indian Health Service practicing full scope midwifery. **Maureen Davis** is working as the only midwife for Coastal Women's Care, a private practice in Connecticut, and has starred in a commercial as a CNM. **Ariel** herself was with Pacific Women's Medical Group, but has been looking to relocate to Illinois. She reports that she loves being married and has celebrated her first anniversary! **Cynthia Flynn** is working in a full scope private practice with one other partner and is being paid directly by the insurance companies. The class entrepreneur! **Elizabeth Graninger** is in Denver and working in the OB screening room, an ER for pregnant women, at Denver General Hospital. **Luann Russo-Bjorken** is at St. Vincent's Hospital in Connecticut and very happy with her full scope practice. **Cynthia Schiff** continues at Alivio Medical Center in Chicago and is extremely pleased with the job and her life in general. **Sarah Shealy** was expecting her baby momentarily at the time of Ariel's letter and is probably up on the ski slopes with the baby by now! **Kathleen Warner's** parents reported that she was doing a four month fellowship as a midwife with Migrant Health, and **Woody Williams** has joined

Malheur County Practice in Ontario, Oregon and works with YSN alum **Lena Horwitz '94**. Her family has adjusted well to life out west.

Catherine Sullivan Leighton '96 is married and living in Lakewood, CO.

Aron Skrypeck '96 lives in Albuquerque, NM and finds that the life of a psychiatric clinical nurse specialist out there is trying and "definitely more of a frontier to be tamed" than he had expected upon his return.



On December 3, 1996 several members of the Class of 1941 and Dean Judy Krauss arranged a small ceremony to hang a class picture in the Elizabeth Puzak Lounge, named in honor of class member Elizabeth Puzak. (L to R) Althea Stadler, Betty Duncan, Florence Wald, and Dean Krauss.

Yale Nursing Caps on the Heads of Many in Australia

Last summer, **Donna Diers '64** brought several Yale Nursing baseball caps with her to Australia. The caps rest upon the following heads: Debbie Picone, the Executive Director of the College of Nursing, New South Wales, who is probably THE most well known casemix nurse researcher in the country; Judith Cornell, her predecessor at the College and one of Australia's most distinguished nurses who, if

the Aussies gave out such awards, would be a Dame; Vicki Hathaway, a senior nurse in the Sydney Metropolitan Teaching Hospital Consortium, who had visited YSN last spring; Julianne Onley and Dave Potter, both nurses from the NSW College who helped precept a workshop Donna did out there; Michael Hart, Senior Systems Analyst at the University of New South Wales Centre for Health Systems Information Management Research, who also precepted the workshop; Jennie West, Director of Nursing, Yamworth Hospital, NSW; Mary Courtney, Head, Health Management Program, University of New England, Armidale, NSW; Donna's father, 84

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